

# Club of Rancho Santa Fe



We meet Wednesdays at 12:00 PM at the Rancho Santa Fe Golf Club—5827 Via De La Cumbre Rancho Santa Fe, CA 92067

## The Month of April - Club Events On Hold

## Club News

#### **New Club Members**

#### **Reese Miller**

Business Name: Windermere Homes & Estates Sponsor: Sue Graham

#### Why do you want to be a Rotarian?

I would like to be involved in more community service, volunteer opportunities, and meet more interesting people.

#### **Related Activities:**

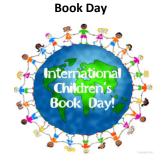
Volunteering, healthy lifestyle, world-travel, Art



#### **Canyon Crest Academy**

Sophomore Karina Parikh recently created her own enterprise called **Stick 2 You**, a line of stickers that aims to promote self-confidence in teens. "The stickers remind teens to stay positive and keep moving forward even though sometimes life can be stressful and things don't always go your way," Karina said. "At school, a lot of people are stressed and discouraged because of all the pressures they are facing." https://www.instagram.com/stick2you /

Rancho Santa Fe Golf Club 5827 Via de la Cumbre, Rancho Santa Fe https://www.rsfrotary.com/ RSF Newsletter April 2020 International Children's Book Day



#### Free Apps to Engage Children's Minds

This day is celebrated in honor of the Danish author and poet Hans Christian Anderson the wonderful storyteller.

The ICBD has been organized every year since 1967 by the International Board on Books for Young People (IBBY). Benefits include:

- Brain exercise reading engages and exercises the brain, helping it to better make neural connections
- Vocabulary improvement the amount of terminology that a child uses and possesses can increase with regular reading.
- Empathy and imagination reading opens children up to new horizons, helping them think outside the box and engage with the outside world in ways they had not done previously.
- Morale improvement it should not be forgotten that reading is fun! Taking part in it will boost a child's morale and uplift their

## 30 Free Apps During Quarantine at Waterford.org

https://www.waterford.org/ resources/free-apps-for-kids/ April 16th
National D.A.R.E. Day

D.A.R.E.'s keepin' it REAL



#### **Drug Abuse Resistance Education**

Drug Abuse Resistance Education is dedicated to educating children and teens about the dangers of drug abuse. For the past two decades, federally funded schoolbased drug prevention education programs have carried a singular message. In content it's "drugs are bad" and in message it's "just say no." The new course, called keepin' it REAL, differs in both form and content from the former D.A.R.E. replacing long, drug-fact laden lectures with interactive lessons that present stories meant to help kids make smart decisions.

https://dare.org/d-a-r-e-s-keepin-it-realelementary-and-middle-school-curriculumsadhere-to-lessons-from-preventionresearch-principles/



## April Observations

**Event Awareness** 

#### **Animal Cruelty Prevention Month**

The month of April has been designated to teach and raise awareness about animal cruelty.

https://www.aspca.org/news/aprilprevention-cruelty-animals-month

#### **National Autism Awareness Month**

Both Aspergers and Autism are increasingly referred to as Autism Spectrum Disorders (ASD) as a range of disorders exist affecting verbal and nonverbal communication, social interaction and imaginative or creative play. Children have trouble in the classroom communicating their needs or understanding instructions. Inappropriate social behavior leads to the child being bullied or isolated and their inability to decipher the world around makes it difficult for their teachers to meet their needs.

https://www.autism-society.org/ get-involved/national-autismawareness-month/

#### The United Nations Health Day

Every April 7th is the UN Health day it attempts to make sure all humans have the medical care they need and to educate them about preventive measures in keeping everyone healthy.

https://www.who.int/ westernpacific/news/events/worldhealth-day







## **Rotary Club Celebrations!**

#### Member Birthdays:

14 April - Luis Carranza

15 April - Katherine Foster

16 April - Michael Tseitlin

21 April - Sam Binkley

24 April - Robin Chappelow

#### **Wedding Anniversaries:**

14 April - Katie & Richard Hawkes

20 April - Susan & Jeffrey Isber

21 April - Jamie Palizban & Gerry Block

23 April - Claudia & Lou Obertreis

#### **Zoom Club Meetings**

Video conferencing with real-time messaging and content sharing. On Wednesday March 25th the board met successfully live via Zoom.



April 1st will be our first club meeting 3. live via Zoom from 12 Noon to 1 PM.

- The quarterly dues with NOT be charged automatically for those who are on auto-pay.
- You will not be sent an invoice for the 4th quarter unless there is a balance owed from previous quarters.

On behalf of our club and our foundation, the following donations were made:

- \$2500 to the servers at the RSF Golf Club impacted by closure.
- \$1500 to Just In Time for Foster Youth devastated by this quarantine.







#### **Anti-Human Trafficking (AHT)**

#### **District 5340 Steering Committee**

District Governor Elect Steven Weitzen spoke about AHT as the signature initiative for 2020-2021; while Chair David Oates went over purpose/activities/measures of effectiveness.

- To facilitate sustained, coordinated, and impactful initiative against the human sex trafficking scourge that exists within District 5340's boarders.
- To increase the understanding of the core issues surrounding human trafficking from the exploited, exploiter, and the buyer perspectives.
- To develop the foundational best practices for Rotary's involvement in combatting human sex trafficking as it exists within other regions of the U.S. and around the world.

Activities: To center around four core areas.

- Awareness
- Victim & Survivor Services
- Intervention/Prevention
- Measures of Effectiveness

#### **AHT Service Providers Immediate Needs**

California Against Slavery

EIN 46-1824978) is committed to supporting service providers by coordinating efforts for organizations with most urgent needs. They have set up a designated donation link:

CAS COVID Response (PayPal or credit/debit) https://californiaagainstslavery.org/donate/

<u>The Well Path</u> and <u>iCare San Diego Youth Services</u> have greatest need for gift cards at the moment.

## **MONTHLY NEWSLETTER**

#### Club Executives

President - Elie Feghali

President Elect 2020-2021 - Robin Chappelow

President Elect 21-2022 - Paulette Britton

Past President - Mike Taylor

Secretary - Paulette Britton

Treasurer - Norma Wilberg

Sergeant-At-Arms - Peter Tomson

### **Club Board Members**

Membership/Community Outreach - Robin Chappelow

Membership Co-Chair - Amy Wynne

Community Outreach - Sophia Álsadek / Claudia

Program Co-Chair - Heather Manion

Public Relations Chair - Amy Scruggs

Social Co-Chairs - Jill Stiker & Samantha Binkley

Board Member - Ole Prahm

Board Member - Katherine Foster

Board Member - Mary Murray

Board Member - Jerah Payne

Board Member - Brad Galvin Board Member - Beverly Robinson

Board Member - Roshanak Clune

Board Member - Mark Rodriguez

## **RSF Rotary Foundation**

Chairman RSF Foundation - Laura MacKinnon Charles (Chuck) Badger, Jr.

Alan Balfour

Elie Feghali

**Gregory Grajek** 

Paul Gonia



Staying Connected is More Important Than Ever!