



## 1st Saturdays Rancho Santa Fe Rotary Helps with Homeless Outreach

1st Saturdays is not a church or religious organization, but they welcome people of all backgrounds and faiths. They're just friends and neighbors in San Diego, Antelope Valley, and around the globe who have a little more to share. They collect money, clothes, bedding, etc. all month and then distribute on the first Saturday of each month. They put together "Care Packs" with snacks, drinks, and toiletry items. They start the day by sorting clothes and building care packages in the parking lot on A Street. Once completed, they move to Children's Park (on Island St., between 1st & Front St.) to distribute all their goodies to their local friends. <a href="http://www.1stsaturdays.org/">http://www.1stsaturdays.org/</a> Many of these individuals have fallen into hard times and just need a helping hand to get back on their feet again.

The Rancho Santa Fe Rotary motto is "Service Above Self" and this dedicated group of Rotarians is at it again. On Wednesday, Sept. 4, 2019 during their regular lunch meeting, they filled bags with toiletries for the homeless population in Downtown, San Diego. "We choose to reach out to those in need and make a difference in their live," said Robin Chappelow, Community Outreach Chair. Bags were filled with toothbrushes, toothpaste, chapstick, socks, combs, hand sanitizer, aspirin, band aids, and many other everyday essentials

On Saturday, Sept. 7 Rancho Santa Fe Rotarians went down and joined the 1st Saturdays group to help the homeless population in the area. Along with toiletries, they passed out clothing, blankets, pillows, shoes, and backpacks.







"It's a team effort, and a great feeling knowing that a toothbrush and hand sanitizer can make such a difference in someone's life. Most of all these individuals know we care," smiled Rotarian Sophia Alsadek.

1st Saturdays



Service Above Self

